



January 19, 2018

Flu symptoms? Get treated in the comfort of your home – with no copay!

- ◆ Attention PEEHIP members covered under the Hospital Medical Group 14000 plan - think you may have the flu and don't feel like going to the doctor? Use [Teladoc](#) with no member copay! Teladoc provides 24/7 access to a nation-wide network of U.S. board certified and state licensed primary care physicians, pediatricians, and family medicine doctors through telephone or video conferencing visits. **To use your Teladoc benefit 24 hours a day, 7 days a week, 365 days a year:**
 - ◆ Visit www.Teladoc.com/Alabama OR
 - ◆ Download the Teladoc mobile app from your mobile app store OR
 - ◆ Call toll-free 1.855.477.4549

January's Advisor Newsletter

- ◆ Did you miss the [January Advisor](#)? Read "PEEHIP is a Bargain."

Pack Health Coaching Pilot

- ◆ Pack Health will be administering a pilot program for 1,500 members in 2018 in three areas: pre-diabetes, musculoskeletal pain, and obesity. Their coaching approach matches a designated Personal Health Advisor to a member through telephonic and digital coaching at no cost to participants. Members will be invited to voluntarily participate on a rolling basis between January and March 2018, and there will be up to a 12-month member engagement period from the enrollment date per participating member. This program is completely separate from our Team Up for Health Wellness Program. See "A New Resource for Your Health Goals" in the January [PEEHIP Advisor](#) for additional information.

Health FSA Carryover Funds

- ◆ If you enrolled in a Healthcare Flexible Spending Account (Health FSA) last plan year, the deadline to file for reimbursement was January 15, 2018. Any remaining funds not subject to the Carryover provision are forfeited. The Carryover provision allows you to carryover up to \$500 of unused funds remaining in your Health FSA to use in the new plan year. Carryover funds become available for use on February 15, 2018. If you did not re-enroll in a PEEHIP Health FSA for the plan year beginning October 1, 2017, but have Carryover funds available, HealthEquity will automatically enroll you into a Rollover Only Account. Members enrolled in a Rollover Only Account will not have access to the FSA Visa debit card and must request a reimbursement manually through HealthEquity. All rollover funds must be used by the end of the current plan year, September 30, 2018. All unused FSA funds are forfeited if you go on leave without pay, terminate employment, or retire.

Statement of Nondiscrimination: PEEHIP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Multi-Language Interpreter Services: **Spanish:** ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.877.517.0020 **Chinese:** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1.877.517.0020

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